



home**care**today

Your resource hub for new ideas  
and choices in home care

## Deciding how much to manage your own care

Home Care Packages give you choice and flexibility. You can choose:

- the types of assistance you receive
- when and by whom services are delivered
- how involved you will be in managing your package.

Some people want the provider to manage their package for them, whereas others want to be really involved, for example, by:

- doing their own research
- making enquiries about different services and options
- managing their own home care budget.

You can also choose a representative, like a relative, friend or advocate, to do this for you.

### **Self-management and administration fees**

Your provider may reduce your administration fees if you (or your representative) do some of the administration yourself, such as record-keeping or making appointments. This leaves more money for you to spend on other things.

### **Agreeing on management**

When you meet with your provider to make a care plan, you will talk about and agree on how your package will be managed. Some providers will offer different self-management options for you to choose from. Make sure you and the provider both understand the management roles, responsibilities and costs you're agreeing to.

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